

# RecycleSmart

A stitch in time  
saves the planetReuse Day  
all the way

Where it goes

Getting ready  
for SB1383Clothes  
to home

Totes crafty

PRINT

## A stitch in time saves the planet

What do an unmatched sock, threadbare sheets and a ripped up old t-shirt have in common? They're all textiles we're likely to toss. Just how much used clothing and bedding do we discard? Try these facts on for size and learn how to properly get rid of textiles at every stage of their use inside this issue!

\* It takes 715 gallons of water to make one t-shirt  
2,400 tons of jeans get turned into insulation each year



### BE A SUSTAINABLE SHOPPER

Give life to old clothes! By donating your clothing to your local thrift stores, or choosing to buy second-hand, you are doing your part to give back to your community, reduce landfill waste and save valuable resources like water and energy.

## Reuse Day all the way



One way to donate your clothing is through our bi-annual Reuse and Cleanup Days Program! In partnership with Mt. Diablo Resource Recovery and Republic Services, residents have two opportunities a year where they can donate in a sustainable way.

**Day 1: Reuse Day.** Usable items, like textiles, shoes and housewares that are in good condition, can be placed at the curb for donation. Mt. Diablo Resource Recovery picks up the items and distributes them to those in need.

**Day 2: Cleanup Day.** All materials during Cleanup Day go to landfill. Residents can set out up to two cubic yards—or 14, 32-gallon bags—of material. Remember, Household Hazardous Waste should not be set out during the Cleanup Day.

In the coming months, you will get a brochure in the mail with your pick-up dates. For more information about Reuse and Clean-Up Days, and what items are accepted, go to [RecycleSmart.org/cleanup](http://RecycleSmart.org/cleanup)

**Prioritizing Natural Fibers**

Sure trends can be fun, but they never last. Instead of buying items that will last only a season, look for wardrobe staples you can wear year-round. Another way you can be a more environmentally-conscious shopper is to find clothing with natural fibers such as linen, wool or cotton—rather than polyester or acrylic—to reduce shedding and microplastics entering our waterways.

## Where it goes

Has your style or size changed? Here's how to handle clothes and other fabric items that you don't need anymore:

